

SAMPLE

123 4th St., Sample City, ST 99999
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Percent Calories Report

Sample Recipe Collection

Chocolate Chip Cookies

Serving Size: 2 cookies
Servings per Batch: 30

Percent of Calories from ...

Protein:	4.9%
Fat:	37.4%
Monounsaturated Fat:	9.8%
Saturated Fat:	22.8%
Polyunsaturated Fat:	2.0%
Trans Fat:	0.0%
Carbohydrates:	58.2%
Sugar:	26.1%
Alcohol:	0.2%